

### **Instructions, terms and conditions**

- Sauna is used at your own risk. Wild Sauna Norway or Aurland commune can not be held responsible for errors, shortcomings or consequences.
- By making this booking, you are agreeing not to bring more people into the sauna than your booking is valid for. Random checks will occur, and guests without a valid booking will have to pay a NOK 2000 fine.
- You are responsible for locking the sauna and returning the key to the key box. You are liable for any damage as a result of leaving the sauna unlocked.
- If you damage the sauna or the sauna oven you will be held financially responsible
- Children under the age of 18 years old are not allowed in the sauna without being supervised by an adult
- Do not swim in the fjord under the influence of alcohol
- The sauna has a maximum capacity of 10 people. Everyone needs to be paying customers. Random checks will occur, and guests without a valid booking will have to pay a NOK 2000 fine.
- Do not put salt water on the oven. Water bucket can be filled up from water tank located by the gate.
- For hygienic reasons, sit on a towel.
- Once you're feeling hot, we recommend a dip in the fjord. The ladder is located on the left side of the dock. Please note the beach to the left is private so we recommend swimming from the dock.
- If fire occur, use fire extinguisher.
- If you feel uncomfortable, dizzy or sleepy, leave the sauna room immediately
- Remember to drink water before, during and after sauna session.
- Be careful inside the sauna and the outdoor areas to prevent falling. Especially in poor visibility/darkness, and on slippery surfaces.
- Please close the glass door when leaving.
- There might be new guests arriving when your time is up, so please leave the sauna five minutes early and lock the door.
- Bring your rubbish with you and leave no traces.